

Wellbeing Day 2022 Friday April 29th

Colours Day in aid of Meningitis Ireland .

Time	Activity	Outside Activity		Organisers	
9.00	Class As normal	Second year Obstacle Course/Balls Activity Front Quad	Ita v Patrick Kevin v Brid Francis v Winners above	TY Mentors will run the outside event Teachers needed to supervise	
9.40	Meditation	Obstacle Course First yrs	Caufield v Hallinan Sutherland v Grey	TY Mentors will run this activity. Teachers needed to supervise	
1020	Thinking outside the box puzzles and answers	3rd Year Obstacle Course	Reason v Belonging Celebration v Joy	TY mentors will run this event. Teachers needed to supervise	
11.00	Jessie Nelson Clip The Dangers of Social Media and online Trolling	5th year soccer tournament	Variara v Vecchi Vigano v Versiglia Winner v winner 8 mins a match	Further details from Mr. A O Connor. TY mentors will help with this event	
11.55	Jessie Nelson Clip Continued	6th yr Soccer Tournament	Ricaldone v Ricceri Rinaldi v Rua Rita v Rifugio 8 mins a match points will determine the winner	Further details from Mr. A O Connor. TY mentors will help with this event	
12.35	The Good Work of The School- LGBT,SVP,5 th yr Music, TY Musical promotion clip Google classroom				
1.30	Teachers v 6th Years TUG OF WAR BACK PITCH				
2.00	Mindful Colouring				

	Colours needed for this event				
2.40	Kahoot Quiz (Sophie)& The Best of 2022(Caoimhe Franey)	TY Soccer Tournament . Treats and group photo for 6th yrs An Crunniu		Further Details from Mr. Airey. TY Mentors will help with this event	