## Information:

## **Supports for Candidates**

(Portal, Results, CAO)

Congratulations on your results today. You have shown character and strength to get to this day. Enjoy your achievements for what they are before wondering where the 3<sup>rd</sup> Level market allows you to go. Remember, CAO offers are about supply and demand, not about how good you are.

There are plenty of places you can go for support on the day of your results and following your CAO day. Just pick up the phone!

No question is silly.

- 1. Ms. Keane, our Guidance Counsellor, will be available to answer all queries. Please contact her on <a href="mailto:grainnekeane@salesiancollege.ie">grainnekeane@salesiancollege.ie</a> with your query on Friday or in the days following your results and CAO offers. If you need a face to face meeting or a Zoom, she will arrange that with you.
- 2. The Leaving Certificate candidate helpline, at 1800 265 165, which is provided by the National Parents Council post-primary will be available from 11 am on 3 September for students to reach a guidance counsellor with any queries that they may have. This helpline will operate until after the CAO first round offers and is staffed by qualified guidance counsellors. Further details can be found at https://www.npcpp.ie/leaving-cert-helpline/
- HSE/HSE-funded service providers will be available to support students through the provision
  of e-mental health services.
  <a href="https://www2.hse.ie/wellbeing/mental-health/covid19/minding-your-mental-health-during-the-coronavirus-outbreak.html">https://www2.hse.ie/wellbeing/mental-health/covid19/minding-your-mental-health-during-the-coronavirus-outbreak.html</a>
- 4. Wellbeing resources developed by the National Educational Psychological Service are available at www.gov.ie/leavingcert
- 5. SEC Candidate helpline will be available at 1800 111135 or 1800 111136 from 9 am to 5 pm from 3 September to 13 September. Outside of these hours queries may be e-mailed to <a href="mailto:candidateportal@examinations.ie">candidateportal@examinations.ie</a>. Please note this helpline is provided for queries relating to the Candidate Self Service Portal and the services provided through the portal.
- 6. e. Information available from the Central Applications Office (CAO) is available at www.cao.ie